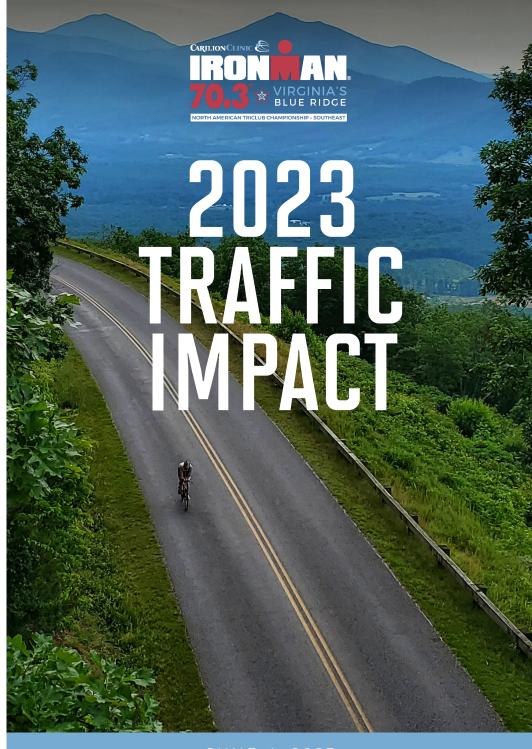


3407 W. DR. MARTIN LUTHER KING JR. BLVD SUITE 100 TAMPA, FL 33607

COME VOLUNTEER WITH US!

## IRONMAN.COM/IM703-VIRGINIA-BLUE-RIDGE FFIC IMPACT JUNE 4, 2023 TRAFFIC





















Our team would like to thank you in advance for your hospitality during the 2023 Carilion Clinic IRONMAN 70.3 Virginia's Blue Ridge. On Sunday, June 4, athletes will visit Virginia's Blue Ridge to test their physical and mental limits. They will race throughout the community to complete a 1.2-mile swim, 56-mile bike and 13.1-mile run in succession. The routes were chosen to showcase the unique setting of Virginia's Blue Ridge. We ask that you proceed with caution, utilize detour routes provided, and allow for additional travel time to your destination. Thank you for your understanding, and we look forward to a great event!

BIKE COURSE   JUNE 4, 2023 (UNLESS NOTED OTHERWISE)							
ROAD IMPACTED	FROM	то	BEGINS	ENDS			
Reservoir Rd (Northbound)	Wormack Rd	Carvins Cove Reservoir	6/1 at 8 AM	6/4 at 12 PM			
Blue Ridge Pkwy	Blue Ridge Pkwy MP 91	Blue Ridge Pwy MP 112.2	6/3 at 5 PM	6/4 at 2 PM			
Reserve Ave	Franklin Rd	Jefferson St	2:30 AM	6 AM			
Reserve Ave	Riverside Cir	Jefferson St	6 AM	6 PM			
Reservoir Rd	Hwy 11/Lee Hwy	Carvins Cove Reservoir	3 AM	10 AM			
Hwy 11/Lee Hwy (Westbound)	Reservoir Rd	Shadewell Dr	2 AM	10 AM			
Hwy 11/Lee Hwy (Eastbound)	Brook Dr	Vista Dr	2 AM	10 AM			
Hwy 11/Lee Hwy (Eastbound)	Vista Dr	Gibson Ln	6 AM	10 AM			
Hwy 11/Lee Hwy (Eastbound)	Gibson Ln/Rt 1039	Montgomery Ln/Rt 715	3 AM	11 AM			
Alt 220/Cloverdale Rd (Southbound)	Hwy 11/Lee Hwy	Gateway Crossing	7 AM	10 AM			
Gateway Crossing (Northbound)	Alt 220/ Cloverdale Rd	Hwy 11/Lee Hwy	7 AM	10 AM			
Hwy 11/Lee Hwy (Eastbound)	Montgomery Ln/Rt 715	Rt 43/Parkway Dr	7 AM	11 AM			
Rt 43/Parkway Dr	Hwy 11/Lee Hwy	Pico Rd	7 AM	12 PM			
Rt 43/Parkway Dr	Pico Rd	Blue Ridge Pkwy MP 91	7:30 AM	12 PM			
Rt 24/Washington Ave (Westbound)	Blue Ridge Pkwy MP 112.2	Bypass Rd/Rt 24	7 AM	1:30 PM			
Washington Ave (Westbound)	Bypass Rd/24	Mountain View Rd/Rt 651	8 AM	1:30 PM			
Washington Ave/Gus Nicks Blvd (Eastbound)	King St	Bypass Rd/Rt 24	8 AM	1:30 PM			
Poplar St	Madison Ave	Jackson Ave	8:30 AM	1:30 PM			
Maple St	Madison Ave	Jackson Ave	8:30 AM	1:30 PM			
Pollard St	Washington Ave	Lee Ave	8:30 AM	1:30 PM			
Lee Ave	Maple St	Railroad Ave	8:30 AM	1:30 PM			
Railroad Ave	Lee Ave	1st St	8:30 AM	1:30 PM			
Walnut Ave	Railroad Ave	8th St	8:30 AM	1:30 PM			
1st St	Cleveland Ave	Walnut Ave	8:30 AM	1:30 PM			
2nd St	Cleveland Ave	Walnut Ave	8:30 AM	1:30 PM			
Wise Ave (Westbound)	Indian Village Ln	Norfolk Ave	8:30 AM	2 PM			
Norfolk Ave (Westbound)	Campbell Ave SE	Jefferson St	8:30 AM	2 PM			
Norfolk Ave (Eastbound)	Jefferson St	Campbell Ave	8:30 AM	2 PM			
Jefferson St (Southbound)	Norfolk Ave	Reserve Ave	8:30 AM	2 PM			
Campbell Ave SE (Westbound)	Wise Ave	Norfolk Ave SE	8:30 AM	2 PM			
13th St SE	Campbell Ave SE	Norfolk Ave SE	8:30 AM	2 PM			

RUN COURSE   JUNE 4, 2023							
ROAD IMPACTED	FROM	то	BEGINS	ENDS			
Wiley Dr	Franklin Rd	Crystal Spring Ave SW	2:30 AM	5 PM			
Wiley Dr	Winona Ave SW	Franklin Rd	з АМ	5 PM			
Roanoke River Greenway	Bridge St Parking Lot	Bennington St Parking Lot	6 AM	5 PM			
Arbor Ave SE	Roanoke River Greenway	Piedmont St SE	8 AM	4 PM			
Piedmont St SE	Roanoke River Greenway	Arbor Ave SE	8 AM	4 PM			
Memorial Ave (Eastbound)	Wasena Ave SE	Hannah Cir SW	8 AM	4 PM			
Richard T Wellins Rd	Wasena Ave SE	Roanoke River Greenway	8 AM	4 PM			
NO PARKING ZONES   JUNE 4, 2023 (UNLESS NOTED OTHERWISE)							
ROAD IMPACTED	FROM	то	BEGINS	ENDS			
Reserve Ave (Eastbound)	Franklin Rd	Jefferson St	5/31 at 8 AM	6/4 at 8 PM			
Reserve Ave	Franklin Rd	Jefferson St	12:01 AM	5 PM			
Hwy 11/Lee Hwy (Eastbound)	Lowe St/T-1305	Rt 43/Parkway Dr	12:01 AM	11 AM			
Pollard St	Washington Ave	Lee Ave	6 AM	2 PM			
Lee Ave	Maple St	Railroad Ave	6 AM	2 PM			
Railroad Ave	Lee Ave	1st St	6 AM	2 PM			
Walnut Ave	1st St	8th St	6 AM	2 PM			
Wise Ave (Westbound)	Indian Village Ln	Norfolk Ave	6 AM	2 PM			
19th St SE (Southbound)	Wise Ave	Dale Ave SE	6 AM	2 PM			
Jefferson St	Walnut Ave SW	Reserve Ave	6 AM	2 PM			
Wiley Dr	Franklin Rd	S Jefferson St	12:01 AM	5 PM			
Roanoke River Greenway	Bridge St Parking Lot	Bennington St Parking Lot	6 AM	4 PM			
Piedmont St SE	Roanoke River Greenway	Arbor Ave SE	6 AM	4 PM			
Piedmont Park	Piedmont Park Roanoke River Greenway Parking		12:01 AM	5 PM			
Arbor Ave SE	Roanoke River Greenway	Piedmont St SE	6 AM	4 PM			
Smith Park	Smith Park Roanoke River Greenway Parking		12:01 AM	5 PM			
Wasena Park Parking Lot			12:01 AM	5 PM			
Richard T Wellins Rd	Wasena Ave SE	Roanoke River Greenway	12:01 AM	5 PM			